



# DELHI PUBLIC SCHOOL UDHAMPUR

## KINDERGARTEN-II HOLIDAY HOMEWORK (2019-20)

*The wonders of where we are  
And where we'll be  
What we do  
And what we see,  
What we find and what we seek,  
Not everyone knows  
And I just wonder--- mom and dad  
Could you spend some time with me!!!*

Dear Parent,

Long summer break is the most enviable part of school life! It provides time for rest and leisure. Children can just laze around, unwind, eat, play and make merry.

Vacations are of course a time to reinvigorate and revive. However, the duties of a student must not be forgotten either. A balance, therefore, between recreation and work must be found to ensure a break that is productive as well as relaxing.

Holidays are meant for enjoyment and if this time is used for creative pursuits, it becomes learning experience. The holiday homework has been designed to be a meaningful and creative exercise. Do ensure the child is involved with your guidance.

### **Language Development:**

- **Story Time:** Narrate simple stories to your child; ask to recall some characters and incidents of the story by asking simple questions related to the story. Encourage them to use magic words like 'thank you', 'please', 'excuse me' and 'sorry'.
- **Show and Tell:** Choose any 1 object from your surroundings every day and let your child speak a few lines on it.
- **Rhyme Time:** Recite a rhyme with voice modulation and actions (Minimum 5 rhymes in total).
- Make a **Pictionary (Aa- Zz)**, paste 3-4 pictures with each letter.



## MAKE YOUR HOME A PLACE FOR READING

Here are some tips to help parents of young children to promote reading at home.

- Choose a reading time for your child, as in before a nap, bedtime, or after dinner.
- Select an age appropriate book for your child.
- Hold the book so that she or he can see the pictures. If possible, also let her or him turn the pages.
- Take time to look at and talk about the pictures. Don't just read the story: talk about it.
- Let your child point out the letters, shapes, colors and animals.
- Invite your child to read with you.
- Read aloud to your child every day.

### Social Development

·Imbibe following Social Skills in your child:

-Greeting with a smile when someone comes to the house, preferably in English.

-Conversing freely but politely with visitors, relatives coming over to the house.

-Answering the phone calls with a polite "Hello!", Also asking "May I know who is calling?"

-Sitting at the dining table with the family to eat the meals, using proper table manners. Do not watch television while having meals with the family.

-Sharing toys, colours, etc. with siblings.

·Talk to your child about:

-The importance of keeping our surroundings clean.

-The good habit of sharing and making friends.

-Encourage your child to water the plants.

-Encourage your child to respect and help the elders at home.

-Encourage your child to develop the habit of taking care of his/her belongings.

### ❖ Happy Father's Day (17<sup>th</sup> June)

**"A dad is someone who holds you when you cry, scolds you when you break the rules, shines with pride when you succeed and has faith in you even when you fail "**

- Take your father for a **nature walk** observe the beautiful plants around you with him .Collect leaves of different sizes and shapes. **Take your mother's help and make a beautiful greeting for your father with leaf printing and also make a smiley inside it.**
- Surprise him by making **sandwiches and lemonade** in the breakfast for him with the help of your mother.

### ❖ Beat the heat with a picnic!

- Plan a picnic with your family and friends and enjoy the **'International Picnic Day' on 18<sup>th</sup> June.**

## Logical Development

- **Number Box:** Take a shoe box and decorate it with paper tearing and pasting. Collect articles like 1 pencil, 2 pebbles, 3 bottle caps, 4 ice cream sticks, etc. (1-10) in the shoe box.

## Physical Development

- Encourage your child to participate in dancing and singing activities.
- Indulge your child in any one hobby like, skating, basketball, dance, musical instruments, swimming etc.
- Encourage your child to take care of 'Personal Hygiene' by inculcating the following habits:
  - Brushing teeth twice daily
  - -Combing hair regularly
  - -Bathing everyday
  - -Washing hands before and after meals
  - -Trimming the nails and keeping them clean.

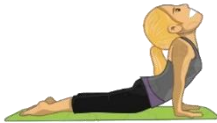
## ❖ International Yoga Day (21st June)

Let's exercise

❖ Material required - Mats

Instruction:

- **COBRA POSE** Lie down on the yoga mat on the tummy, with hands near chest. Push upwards into a backbend. When back is arched, make a loud hissing noise like a snake.



- **CAT POSE:** Get down on hands and knees. Reach spine towards ceiling as high as possible, so that the back is arched like a cat. Make meowing noises.



- **BUTTERFLY POSE** Sit on the ground and join the soles of the feet and spread the knees. Hold your feet with hands and move the legs up and down like a butterfly moves her wings.



- **COW POSE** Get on hands and knees, and then push your tummy toward the floor, while chin and tailbone strive towards reaching the ceiling. Moo loudly like a cow.

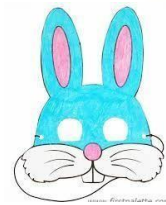


**LEARNING OUTCOME:** Children will be able to learn few Asanas.

- ❖ Click pictures of the above activity and make a collage on an A3 sheet.
- ❖ Inculcate following **Life Skills** in your child to help him/ her become independent:
  - ❖ Buttoning his/her shirt
  - ❖ Zipping and unzipping
  - ❖ Tying his/her shoe laces
  - ❖ Buckling and unbuckling
  - ❖ Turning pages of a book
  - ❖ Packing his/her school bags
  - ❖ Laying the table for dinner
  - ❖ Proper toilet training
  - ❖ Arranging shoes in the shoe rack.

### Creative Development

- **Mask of an animal:** Make a face mask of any animal.
- **Fun with colours....**



- Following are the few suggested activities for the children to enjoy during their summer holidays, using materials available at home.
- Dress your child and yourself in the particular colour for the day.
- Make any one snack of that colour:

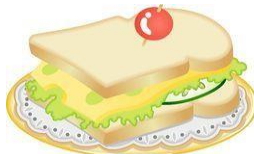
1. **Red snack time-** Jam sandwiches, strawberry jelly, watermelon and a glass of rooh-uf-zah, beetroot curd, beetroot rice.



2. **Yellow snack time-** lemonade, bread butter, banana shake, poha, lemon rice.



3. **Green snack time-** cucumber and lettuce sandwich, aam panna, spinach soup.



4. **Orange Snack time-** orange rasna or squash, orange jelly.

- Visit a green grocer, look at the green vegetables and fruits and learn their names in English.



- ❖ Visit a nearby fire station and observe **red** colour fire engine.
- ❖ Visit the garden and admire the nature. Talk about the colours you see there. For e.g. I see a tall green tree, etc.
- ❖ Water the **green** plants with the spray bottle.
- ❖ Put drops of any 1 poster colour in water bucket and see how the water colour changes.
  
- ❖ Click pictures while you and your child are doing the activities. Make a photo frame and paste any one photograph of the above mentioned activity on it.

### FINE MOTOR DEVELOPMENT

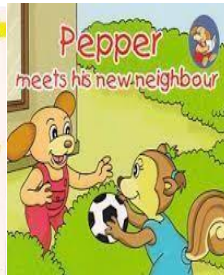
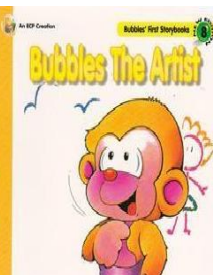
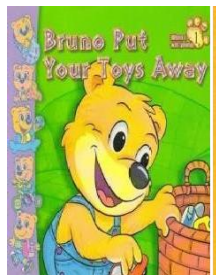
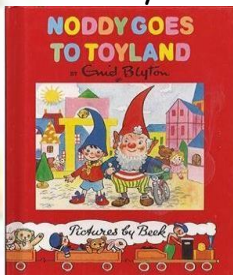
1. Mix a handful Rajma, chana and Lobia and ask your child to separate it using tweezers.
2. Scribbling, colouring, mashing potatoes, rolling chapattis, clay moulding, sand play, bursting bubble paper, tearing pasting, pegging the clothes, watering plants with spray bottles.



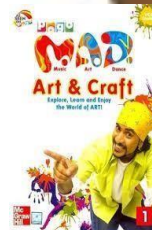
**Activity Calendar:** Provide rich educational experience for your little one through the thoughtfully planned activities given in the calendar. Complete the activities till the month of June and send them to school in the first week of July for assessment.

### **Suggested Story Book Series:**

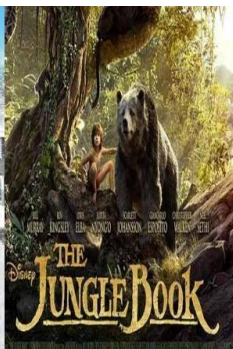
- ❖ Pepper
- ❖ Bruno
- ❖ Bubbles
- ❖ Noddy



### **Suggested Television Channels:**



• Suggested Movies to watch:



*Wishing you all happy time together!!!*

