

**SPORTS CALENDAR 2021-2022**

| MONTH     | PRENUR. TO 1ST  | 2 <sup>ND</sup> TO 5TH          | 6 <sup>TH</sup> TO 8TH           | 9 <sup>TH</sup> TO 12TH                    |
|-----------|---|---------------------------------|----------------------------------|--|
| APRIL     | KICK THE BALL & MASS DRILL                                    | KHO-KHO/SKATING                 | SKATING RELAY RACE               | ATHLETCS ATLEAST 4 EVENTS                  |
| MAY       | PASING THE BALL WITH DIFFERENT LEVELS(HOOK LEVEL,CHEST LEVEL) | BALL DRIBBING                   | FOOTBALL & 100 MTR RACES         | VOLLEY BALL & 100 MTR RACES, 200 MTR RACES |
| JULY      | ATHLETICS   | 100 MTR RACE & 200 MTR RACE     | HAND BALL & STRENGTH RACE        | KABBADI/SHOTPUT & HOCKEY                   |
| AUGUST    | BALL IN THE BASKET  | KABADDI                         | KHO-KHO & LONG JUMP/ TRIPLE JUMP | KHO-KHO & BASKET BALL                      |
| SEPTEMBER | HURDLES JUMP/ ZIG ZAG RACE                                    | ATHLETIC                        | ATHLETIC & CYCLING SPEED RACE    | 400 MTR, SPRINT RACES & JAVELINE           |
| OCTOBER   | RACE 50M & STAMINA RACE                                       | CRICKET & SACK RACES            | CRICKET & BALANCING RACE         | FOOTBALL & STRENGTH RACE/DISC              |
| NOVEMBER  | HOPPING RACE & SHUTTLE RACE                                   | SKIPPING RACE/ RELAY RACE       | VOLLEYBALL & CYCLING RACE        | BADMINTON RELAY RACES & SHUTTLE RACES      |
| DECEMBER  | OBJECT RACE & 30 MTR DASH                                     | LUDO/CARROM                     | BASKETBALL & TCHOUK BALL         | CRICKET & BASKET BALL                      |
| JANUARY   | RUNNING & BURPEES FOR BEGINNER                                | 100 MTR, 200 MTR, 400 MTR RACES | BADMINTON                        | BASKET BALL                                |
| FEBRUARY  | BALANCING RACE WITH OBJECTS                                   | BADMINTON                       | CHESS/CARROM                     | CHESS/CARROM                               |